
AO PRAO RESORT DAILY ACTIVITIES



MONDAY

WEAVING COCONUT LEAVES

14:00 - 16:00

(สานใบมะพร้าว)



TUESDAY

BEAD STRINGING

14:00 - 16:00

(ร้อยลูกปัด)



WEDNESDAY

THAI STRETCHING

09:30 - 10:30

(ยืดเส้น)



THURSDAY

WEAVING COCONUT LEAVES

14:00 - 16:00

(สานใบมะพร้าว)



FRIDAY

TOTE BAG PAINTING

14:00 - 16:00

(ระบายสีกระเป๋าผ้า)



SUNDAY

MAKING THAI HERBAL COMPRESS

14:00 - 16:00

(ทำลูกประคบ)

ACTIVITIES TO BE BOOKED IN ADVANCE

- 1.) COOKING CLASS THB 2,500++/PAX
- 2.) HIKING AT KHAO BOR THONG THB 800/2-6 PAX

ITEMS AVAILABLE FOR BORROWING

- 1.) BOARD GAME 2.) YOGA MAT